

COUNSELOR'S CORNER

J. Harvey Rodgers School

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Virtue of the Month - Positive Attitude

February is all about having a positive attitude! Positive attitude is thinking and believing that everything will turn out well in all that you do. The classroom counseling lesson this month will feature the book *Tomorrow I'll Be Brave* by Jessica Hische. The story encourages readers by focusing on positive qualities and trying one's best. As a follow-up to the story, students will create positive paw prints that will be displayed leaving "Pawsitive" Prints Everywhere!

Random Acts of Kindness Week

February 10-14, 2025

Random Acts of Kindness (RAK) Week is an annual celebration that shines a spotlight on kindness. No act of kindness is too small and while we encourage kindness every week at the Rodgers School, we are going to give kindness some extra special attention during RAK Week! We have some fun dress up days and special kindness activities taking place in our classrooms. It will be a fun week as we also celebrate the 100th Day of School and Valentine's Day! We can't wait!

Tuesday, February 11th: Wear a shirt with a kind or positive message.

Thursday, February 13th: Wear red, pink or hearts to celebrate kindness and friendship.

February Guidance Lessons:

Positive Attitude

